



HOUSING REQUEST FORM

IHS FEBRUARY 2026 PROJECT

NAME: _____ **TEAM:** _____

I will be sharing my room with: _____

I will arrive in La Ceiba: Day: _____ Date: _____ From: _____

Please select one of the options below:

NOTE: Many events and meetings take place at the Gran Hotel Paris during the first few days in La Ceiba and after returning from the villages.

We do not recommend walking alone in La Ceiba so plan to spend about five dollars a day for Taxi transportation.

If you have questions, please consult with your team leader. (While there is a cost to stay at the hotel, it is a safe, convenient place to stay.)

HOTEL: I request room reservations (at my expense) at the IHS Headquarters Hotel in La Ceiba (Gran Hotel Paris) during the first few days in Honduras prior to going out to the villages and upon returning from the villages. Approximate prices are shown (in U.S. Dollars —subject to change) which you will pay to the hotel when you check out. You may pay with U.S. Dollars, Honduran Lempiras or **credit card**. IHS will make the reservation for you based on availability. I understand that the exact number of days required for housing is to be determined depending on which team I am assigned and other unforeseen factors. **Please do not contact the hotel directly.**

1 double bed, 1 person, \$44.00 2 persons, \$50.00

2 single beds, 2 persons, \$55.00

2 double beds, 2 to 4 persons, \$70.00

1 double bed and 1 single bed, 2 persons, \$59.00 3 persons, \$64.00

1 double bed and 2 single beds, 3 persons, \$64.00 4 persons, \$76.00

2 double beds and 1 single bed, suite, 2, 3 or 4 persons, \$76.00

1 king-size bed, 1 or 2 persons, \$59.00

Please complete this form and return via e-mail attachment prior to January 1, 2025,

to: john.pope@IHSmn.org OR by U.S. Mail

to: International Health Service, ATTN: Project Director, 3500 Vicksburg Ln, PMB 405,
Plymouth, MN 55447 **THANK YOU!**