



HOUSING REQUEST FORM **IHS OCTOBER 2026 PROJECT**

NAME: _____ **TEAM:** _____

I will be sharing my room with: _____

I will arrive in Honduras:

Day _____ Date _____ Airline _____ Location _____

I will arrive in La Ceiba:

Day: _____ Date: _____ From: _____

HOTEL: I request room reservations (at my expense) at the IHS Headquarters Hotel in La Ceiba (Gran Hotel Paris) during the first few days in Honduras prior to going out to the villages and upon returning from the villages. Approximate prices are shown (in U.S. Dollars —subject to change) which you will pay to the hotel when you check out. You may pay with U.S. Dollars, Honduran Lempiras or **credit card**. IHS will make the reservation for you based on availability. I understand that the exact number of days required for housing is to be determined depending on which team I am assigned and other unforeseen factors. **Please do not contact the hotel directly.**

- 1 double bed, 1 person, \$44.00 2 persons, \$50.00
- 2 single beds, 2 persons, \$55.00
- 2 double beds, 2 to 4 persons, \$70.00
- 1 double bed and 1 single bed, 2 persons, \$59.00 3 persons, \$64.00
- 1 double bed and 2 single beds, 3 persons, \$64.00 4 persons, \$76.00
- 2 double beds and 1 single bed, suite, 2, 3 or 4 persons, \$76.00
- 1 king-size bed, 1 or 2 persons, \$59.00

Please complete this form and return via e-mail attachment prior to August 15, 2026,
to: john.pope@IHSmn.org OR by U.S. Mail
to: International Health Service,
ATTN: Project Director,
3500 Vicksburg Ln, PMB 405,
Plymouth, MN 55447

THANK YOU!